

at Spark Community Space Every Monday, 10:00am - 1:00pm

The Rowans Living Well Service will be hosting a supportive weekly drop-in session at Spark Community Space for those whose lives have been affected by a life-limiting illness.

If you, or someone you care for, have been affected by illness or bereavement, Rowans will be here to provide support, guidance and advice with the help of nurses, complementary therapists trained volunteers.

No appointment or referral needed.

Find us at

Unit 12, The Pompey Centre, Fratton Way, PO4 8SL

Email

info@sparkcommunityspace.co.uk or lwc@rowanshospice.co.uk