

Namaste Care Programme for your Care Home

Course Duration

A full day workshop plus two half day visits to your care home by the Clinical Trainer to support implementation and evaluation.

Course Delivery

This course is held at the Rowans Hospice, however it can be booked as a bespoke programme where a Clinical Trainer will deliver the training at your facility.

Course Aims

Namaste - “to honour the spirit within”

This course is designed to support you in implementing the Namaste Care Programme within your Care Home to care for the wellbeing of people with advanced Dementia at the end of their lives. It is a structured care programme integrating compassionate care with meaningful, individualised interventions.

Target Audience

Nursing and Senior Care Staff, Managers, wellbeing leads and Day Care Activities leaders.

Course Requirements

Attendees to be working with the people who have advanced Dementia.

At least one attendee must be within a management role that can influence and promote changes to adapt to the care programme.

Full commitment of the attendees to ensure the training is sufficiently embedded.

End of Life Care Programme For Nursing Homes (Based on the Six Steps to Success Palliative care framework)

Course Cost

Delivered at the Rowans Hospice: £225 for three staff members including all course materials and refreshments.

Delivered at your facility: £360 for a maximum of ten staff members

Course Information

The workshop and toolkit will enable you to:

- Understand the complex needs of people living with advanced Dementia.
- Understand the purpose of the Namaste Care Programme.
- Understand the benefits of the Namaste Care Programme for people with Dementia, their families and care staff.
- Communicate the vision to the whole Care Home team.
- Develop a plan to implement, evaluate and sustain the Namaste Care Programme.

Course Benefits

Namaste research undertaken by St Christopher's Hospice and around the world has shown clear benefits for residents, care staff and family members. No additional staff, space or expensive equipment is required.

For course dates and to book please visit:

www.rowanshospice.co.uk/training