



Rowans
Hospice

Notice distress, hear concerns, respond helpfully

Working with Loss and the SAGE & THYME Foundation Level workshop

Course Duration One day

Course Cost £80 per person to include:
All course materials, refreshments and a light lunch

Target Audience These courses are suitable for anyone who works in a place where you might need to support people who are bereaved; facing some form of loss; or who for some reason are anxious or worried. This includes all sorts of environments, clinical and non-clinical.

Course Aims This course is divided into two parts. The morning session gives the participant an opportunity to explore how individuals respond to loss and change and the afternoon session is a 3 hour SAGE & THYME foundation workshop designed to train staff to listen and respond to individuals who are distressed or concerned.

Course Information

Please see overleaf.

Course Benefits

- Offers time and space to reflect and explore the current theories on grief and loss in the hope to help support those you are working with
- Gives you a memorable structured approach for getting into and out of a conversation;
- Demonstrates how you can empower people who are worried or distressed to find their own solutions

For course dates and to book visit:

www.rowanshospice.co.uk/training

Venue

Rowans Hospice Seminar Room
Purbrook Heath Road
Purbrook
Waterlooville
Hampshire
PO7 5RU





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Working with Loss and the SAGE & THYME Foundation Level workshop

Course Information

Working with loss will:

- Explore the diversity of loss
- Explore the potential impact of loss
- Examine one theoretical approach in understanding the pathway of loss
- Identify difficult situations you might encounter
- Explore 10 ways you might use to support others

SAGE & THYME Foundation Level workshop will:

- Explore what the group already knows about effective communication skills
- Explain the background to SAGE & THYME
- Provide a memorable conversation structure for listening to and responding to someone with emotional concerns
- Demonstrate the use of SAGE & THYME in conversation using rehearsals and a short film